



Prague  
Handball  
CUP 2026



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# ACKNOWLEDGEMENT



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# REGLEMENT

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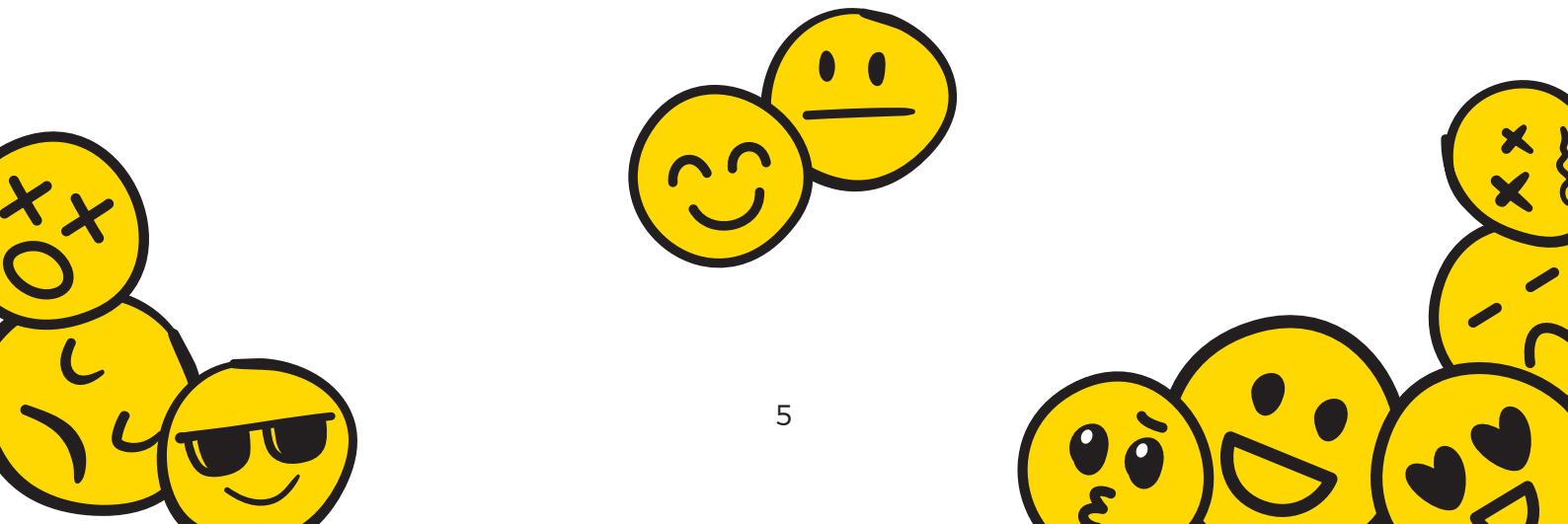
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# REGLEMENT





## 1. TOURNAMENT SCHEDULE

The sports program of the tournament is as follows:

- **April 3, 8:00–21:00** = Preliminary groups
- **April 4, 8:00–21:00** = Preliminary groups
- **April 5, 8:00–21:00** = Play-off A and Play-off B
- **April 6, 8:00–17:00** = Semi-final matches, third-place matches, and final matches of Play-off A, the award ceremony. Play-off matches, semi-final matches, and final matches of Play-off B.

## 2. CATEGORIES AND PLAYER ELIGIBILITY

The following categories are announced for the Prague Handball Cup 2026:

MA – Boys born in 2007–2008	MD – Boys born in 2013–2014
WA – Girls born in 2007–2008	WD – Girls born in 2013–2014
MB – Boys born in 2009–2010	ME – Boys born in 2015 and younger
WB – Girls born in 2009–2010	WE – Girls born in 2015 and younger
MC – Boys born in 2011–2012	
WC – Girls born in 2011–2012	

Players older than the age limit for a given category are not allowed to participate. If a player, who is older than the rules of the tournament allow, enters the match, the team will be penalized for the respective matches with loss by default. Younger players are allowed to participate in an older category. However, players are permitted to compete in only one category above their designated age group, i.e. players from category E may play in category D, players from category D may play in category C, and so on. Each player may represent only one team within a single category.

In categories MD and ME, up to three girls per team are allowed to participate. In category WE, up to three boys per team are allowed to participate. Each such player may play for only one team within category D or E. Clubs, school teams, or regional selections are eligible to participate in the tournament.

## 3. RULES

Matches are played according to the international rules approved by the IHF, with the following modifications:

- the game clock is not stopped during 7-meter throws or player suspensions,
- teams are not allowed to take time-outs,
- the three-possession rule after on-court medical treatment does not apply.

The above modifications do not apply to the Play-off A finals and third-place matches, where each team is entitled to one time-out per half.





If a player or official receives a blue card, they are automatically suspended from participating in the nearest following match.

On some courts, the centre throw-off area may not be marked.

The team leader must be at least 18 years of age no later than on the first day of the tournament (April 3, 2026).

The organizer reserves the right to exclude from the tournament any team that deliberately leaves the playing court during a match. The results of such a team will be annulled.

An official protest may be submitted in writing to the Hall Supervisor within 15 minutes after the end of the match, together with a deposit of 1 000 CZK or 40 EUR. If the protest is rejected, the deposit is forfeited in favour of the organizer.

All matters not covered by the IHF Rules of Handball or this official tournament regulation will be decided by the tournament Jury.

#### **4. COMPETITION FORMAT**

The competition format is the same for all age categories.

##### **4.1. Preliminary Groups**

- teams are drawn into groups of 6 to 8 teams
- matches are played in a round-robin format
- the top three teams from each Preliminary group advance to Play-off A
- the remaining teams continue in Play-off B

##### **4.2. Play-off A**

- based on their placement in the Preliminary Groups, teams are seeded into Play-off A
- matches are played in a knock-out format,
- the losing semi-finalists play a match for 3rd place

##### **4.3. Play-off B**

- based on their placement in the Preliminary Groups, teams are seeded into Play-off B
- matches are played in a knock-out format

The organizer reserves the right to modify the competition format depending on the number of registered teams in each age category. Any modifications to the competition format will be announced no later than 14 days before the start of the tournament.

##### **4.4. Ranking regulation**

To determine the rankings in the Preliminary Groups, the first applicable criterion from the following list will be used

- 1) higher number of points earned in the group
- 2) higher number of points earned in head-to-head matches
- 3) greater goal difference in head-to-head matches
- 4) higher number of goals scored in head-to-head matches
- 5) greater goal difference from all matches in the group
- 6) higher number of goals scored in all matches in the group
- 7) draw





## 4.5. Shoot-out

In case a knock-out stage match, a final and 3rd place match ends in a draw, the match will be decided by a „shoot-out“. In category E, drawn results will be decided by seven-meter throws instead of “shoot- out“. The procedure for performing seven-meter throws is the same as for the “shoot-out”.

The team leader will select 5 players (who are eligible to play) who will take turns with the opposing players in the “shoot-out” attacks. Players suspended by two-minute suspension, which has not yet expired at the end of regulation, or those who have been disqualified, cannot participate in the “shoot-out”.

Before the “shoot-out”, the referees use the toss to determine the starting team. The toss winner has the right to choose whether his team prefers to attack or catch first.

At the start of the actual attack, the attacking goalkeeper must stand on the goal line with at least one foot. The attacking player with the ball must stand with at least one foot on the 9-meter line (anywhere on the court). When the referee whistles, the player passes the ball back to his goalkeeper on the goal line. During the pass, the ball is not allowed to touch the ground. Once the ball has left the player’s hand the attacking goalkeeper may move forward and must pass the ball within 3 seconds to his teammate, who is running towards the opponent’s goal. During this pass, the ball is not allowed to touch the ground, also. The player must catch the ball and try to score a goal without dribbling or any other handball rule violation. Both goalkeepers must remain in their goal areas.

If the attacking goalkeeper or the player violates a rule, the attack is considered unsuccessful. The team that scores more goals from 5 attacks is the winner. If both teams score the same number of goals, the “shoot-out” continues with one attack for each team, until the final decision has been reached. At this stage, the team that performed the last attack of the original five-attack “shoot-out” attacks first. The following attacks can be performed by any eligible players except for the condition stated in the first paragraph.

An instructional video for the “shoot-out” can be found at:  
[https://www.youtube.com/watch?v=LrMZ\\_hdaurs](https://www.youtube.com/watch?v=LrMZ_hdaurs)

## 5. ROSTER

### 5.1. Club roster

Every club that has signed up for the tournament is obliged to fill out a list of all participants (the so-called club roster) electronically in the club zone called MyPHC. In this list, it is necessary to assign the players and leaders to the teams of the respective categories (the so-called team roster). Players or team leaders, who are not included in the team roster cannot start the match.

Club or team rosters must be completed by the club at latest at the time of accreditation of the team upon arrival, otherwise the team cannot be accredited. Changes in the club roster (with the exception of increasing the number of participants) can be made by clubs until midnight of April 2, 2026. After that, changes can only be made in the Tournament office.





## 5.2. Match roster

Before each match, the team leader is required to electronically fill out the match roster, which must include a list of players (including their jersey numbers) and team officials participating in the match.

A maximum of 16 players may take part in a match for each team, and all of them must be listed on the match roster. Each team must also have at least one and no more than four team officials, who must likewise be listed on the roster.

No later than 10 minutes before the start of the match, each team leader:

- fill out the electronic match roster in the „MyPHC“ system (access to MyPHC must be granted by the club manager),
- reports the color of the jerseys (In case of identical jersey colors, the team listed second in the match schedule must change its jerseys.).

If the team leader is unable to complete the electronic match roster, he must submit a properly and legibly completed match roster form (which can be requested from the hall staff).

The match roster must include a minimum of 5 and a maximum of 16 players, and a minimum of 1 and a maximum of 4 team officials.

All players must have a number on their jersey that matches the numbers on the match roster. Numbers must be on the back of the jersey. In the same match, it is not possible for several players to use the jersey with the same number. In the case of matching jersey colors, the team listed in the second place must change the jersey color.

## 6. MATCH

Each team shall play at least six matches. Two referees shall be appointed to officiate each match.

### 6.1. Match time

All matches are played in two halves of 15 minutes each, with a 2-minute break for changing sides. Teams are not required to switch sides at halftime if both teams agree beforehand and inform the referees prior to the start of the match.

### 6.2. Waiting time

All teams are required to follow the official match schedule. The standard waiting time is 5 minutes. If a team is not ready to play after this period, or fails to inform the hall supervisor of its expected arrival time, the match may be forfeited by decision of the tournament Jury, with a result of 5:0 in favour of the opposing team. In exceptional cases, the tournament jury may decide to delay the start of the match or reschedule it to a later time.

### 6.3. Proof of Identity

Each player must have their own personal identification document with a photograph available during the match – for example, a passport, national ID card, or European Union ID card. Each participant (player or team official) must also carry a completed





Activity card issued by the organizer during the match. An electronic copy of an identification document with a photograph is acceptable.

#### **6.4. Verification**

A team leader may request the verification of a player's identity (hereinafter referred to as „verification“) at any time during a match. The hall supervisor or members of the tournament Jury may also initiate such a check. A fee of CZK 250 or EUR 10 must be paid for each player being verified to the hall supervisor before the verification begins (with a receipt provided). If the confrontation is initiated by the hall supervisor or a Jury member, no fee is required. The verification will take place at the next stoppage of play.

The verification is carried out by the match referee or Jury members in the presence of the responsible team leaders and the hall supervisor. The verification is performed by checking the details on the match documents against the photograph and information found on an official identity document, such as a passport, national ID card, or EU ID card.

The result of the verification will be accurately recorded in the match report. The particular match will be completed as scheduled. If it is determined that the player's participation was unauthorized, the player will be excluded from the remainder of the match. The hall supervisor will report this to the tournament Jury. The Jury will then decide whether the match result should be lost by default or whether the result achieved on the field should stand. The result achieved on the field may be upheld if it is more favourable to the team that requested verification than a score of 5:0.

If the player does not have a valid document during the verification, they must present it before the start of the team's next match (if it is played on the same day) or no later than the end of the playing day to the hall supervisor where the verification took place. If this is not possible within the given time frame, the player must present the document at the Tournament office along with the team leader. The verification will then be carried out by a member of the Jury or the hall supervisor of the relevant hall. If it is confirmed that the player's participation was legitimate, the result of the completed match will remain valid.

In play-off matches, if a player fails to present a valid document within 30 minutes after the match has ended, the result will be lost by default in favour of the opposing team. The team that requested the verification and lost the play-off match must wait for the resolution of the verification. If it is determined that the player's participation was unauthorized, the requesting team will continue in the competition.

In the case of a justified verification, the match will be won by default in favour of the opposing team by a score of 5:0, or the tournament Jury may decide to uphold the result achieved on the field. In this case, the fee will be refunded. If the verification is found to be unjustified, the fee will be retained by the organizer.

#### **7. BALLS**

The organizer allows to play with regular handballs as well as with special balls, on which resin cannot be used („resin-free“ balls), with dimensions specified in the international handball rules:

- IHF 3 or resin-free IHF 3: MA
- IHF 2 or resin-free IHF 2: MB, MC, WA, WB





- IHF 1 or resin-free IHF 1: MD, WC, WD
- IHF 0 without resolution of regular and resin-free: ME, WE

Resin-free balls must be certified by the IHF with „IHF approved PRO resin free“ or „IHF approved resin free“.

The final matches will be played with Molten balls provided by the organizer for these matches.

## 7.1. Use of resin

The organizer in agreement with the sports hall operators has established the following rules for the use of handball resin (the term „use of resin“ is defined as resin placed on any part of the body or equipment and on the ball. A “resined ball” is defined as a ball that leaves a visible mark on the playing surface when it comes into contact with it.) The Prague Handball Cup is played either in halls with a prohibition or with limited use of handball resin.

## 7.2. Halls with a prohibition of the use of handball resin

In such marked halls, the use of resin is strictly forbidden in the entire area of the hall (playing court, dressing rooms, auditorium, areas around the playing court, etc.). The use of regular and resin-free balls is allowed in the halls where resin is forbidden. The ball for the match is provided by the team listed first in the draw.

These halls are mainly used for teams from age categories C, D and E.

A team that violates the prohibition of resin on the playing court during the match will be punished with the following game consequences

- a) a warning in the case of the first violation detected during the tournament
- b) a loss by default (0:5) against the guilty team in the case of the second violation during the tournament
- c) possible disqualification from the tournament in the case of further violations

A team that violates the prohibition of using resin outside the playing court (or on the playing court when not playing) will be punished with a penalty of 1 000 CZK or 40 EUR.

The list of halls with a prohibition of the use of resin will be published on the website.

Logo indicating these halls:



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### 7.3. Halls with limited use of handball resin

In such marked halls, the use of resin is strictly forbidden in the entire area of the hall (dressing rooms, auditorium, areas around the playing court, etc.) except for the playing court.

The resin has to be placed in the substitution area in a clean protective cover.

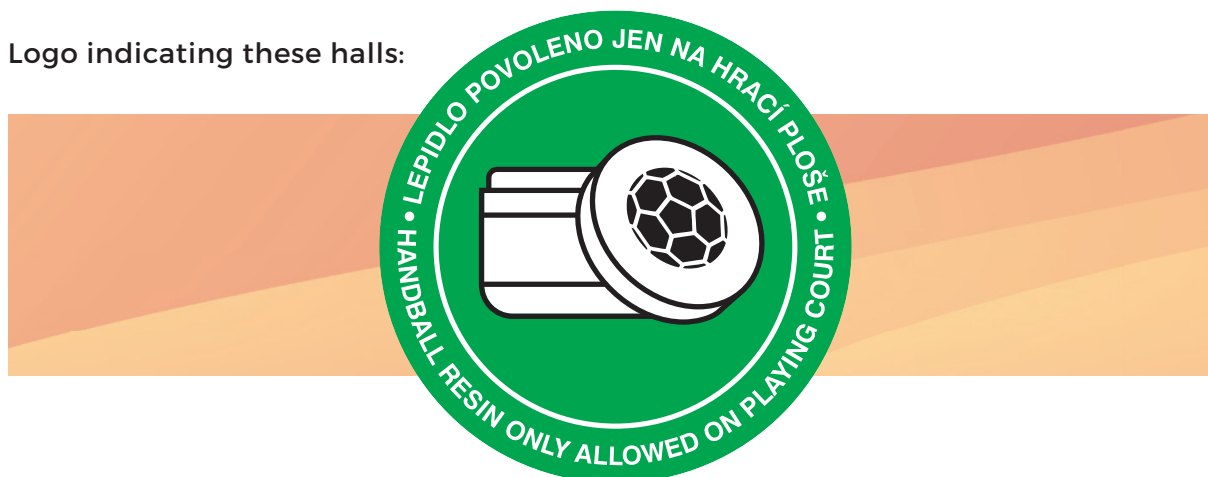
In halls with limited use of resin it is allowed to use only a regular ball. The ball for the match is provided by the team listed first in the draw.

In these halls preference is given to teams in the A and B age categories in the draw.

Any team that violates the prohibition of using resin outside the playing court will be punished with a penalty of 1 000 CZK or 40 EUR.

The list of halls with limited use of resin will be published on the website.

Logo indicating these halls:



### 7.4. Rights of the hall supervisor and referees

In the case of a violation of the prohibition of the use of resin, the hall supervisor (delegated representative of the organizer) is authorized in the cases defined in this regulation

- a) to charge a penalty on the spot
- b) to stop the match
- c) in cooperation with the referees, to deal with the game consequences

In the case of a violation of the prohibition of the use of resin during a match, the referee is authorized to decide about the playing consequences.





## 8. HALLS

The tournament is played in indoor sports halls with official court dimensions. Categories E and D may play in halls with smaller courts, measuring 36x18 meters.

### Guidelines for behavior in the halls

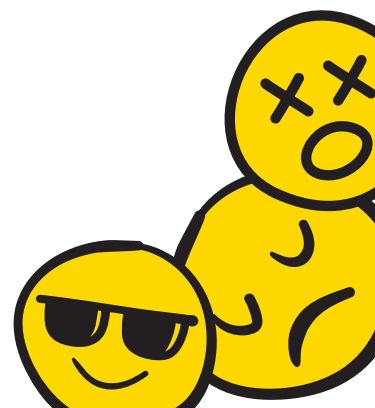
- Due to the limited number of changing rooms in the halls, the changing rooms are not locked,
- The organizer is not responsible for belongings left in the changing rooms and in all other areas of the sports hall,
- Warm-up with balls is permitted only on the playing court,
- In some halls, loud music, drumming, or similar noise is not permitted (it is always necessary to follow the organizer's instructions),
- It is strictly forbidden to bring or consume food on the playing court in all halls,
- In some halls, the consumption or possession of alcoholic beverages may be restricted or completely prohibited.
- Spectators and all participants must not interfere with the course of the match or behave inappropriately towards teams, referees, or other participants.
- Each team is responsible for the behavior of its supporters. Inappropriate behavior or actions by supporters may result in the team's exclusion from the tournament.

The organizer reserves the right to expel from the venue any individuals violating the above provisions or the operational regulations of the respective sports hall or school premises. Referees are entitled to interrupt any match affected by such a violation until proper order has been restored.

### 8.1. Medical Services

All participants take part at their own risk. A medical service will be present in each sports hall to provide first aid and basic treatment of minor injuries. This service is provided free of charge. In case of an injury requiring hospital treatment, all related medical expenses, including possible hospitalization, must be covered by the participants themselves. It is strongly recommended that all participants carry their health insurance card or, in the case of foreign participants, proof of international health insurance at all times.

  
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## 9. AWARD CEREMONIES

As part of the final day's program, two official award ceremonies will take place.

The first ceremony will be held after the final match of Play-off A, category MC. Teams placed 1st and 2nd in categories WE, ME, WD, MD, WC, and MC will be awarded.

The second ceremony will take place after the final match of Play-off A, category MA.

Teams placed 1st and 2nd in categories WB, MB, WA, and MA will be awarded.

Awards for teams placed 3rd and 4th will be presented immediately after the respective third-place matches of Play-off A.

The winners of Play-off B will receive their awards after the final match of their category.

### 9.1. Play-off A Awards

Teams placed 1st will receive an original trophy and a set of gold medals (maximum 16 per team).

Teams placed 2nd will receive an original trophy and a set of silver medals (maximum 16 per team).

Teams placed 3rd will receive an original trophy and a set of bronze medals (maximum 16 per team).

Teams placed 4th will receive an original trophy.

### 9.2. Play-off B Awards

The winning team in each category will receive small souvenirs with tournament motifs (maximum 16 per team).

### 9.3. Best Players

Based on the performances in the final matches of Play-off A, the best players from each final match will be selected and awarded. The presentation will take place immediately after each final match.

## TOURNAMENT JURY

The tournament jury consists of: Miroslav Šajner / Tomáš Březina / Ondřej Šimůnek



[www.facebook.com/phc.cz](http://www.facebook.com/phc.cz)



[www.phc.cz/youtube](http://www.phc.cz/youtube)








[@prague\\_handball\\_cup](https://www.instagram.com/prague_handball_cup)





## 11. LIST OF HALLS

 <p>ASTRA V Korytech 157/27 106 00 Praha 10-Záběhlce</p>		 <p>HEROLDOVY SADY Holandská 669/1 101 00 Praha 10-Vršovice</p>	
 <p>BARRANDOV Chaplinovo nám. 615/1 152 00 Praha 5-Hlubočepy</p>		 <p>HOSTIVAŘ Bruslařská 1132 102 00 Praha 10-Hostivař</p>	
 <p>BŘVE Hájecká 1866 253 01 Břve</p>		 <p>CHODOV Mírového hnutí 2137/7 149 00 Praha 11-Chodov</p>	
 <p>BUBLINA Lomnického 1 140 00 Praha 4-Nusle</p>		 <p>CHÝNĚ Bolzanova 800 253 01 Chýně</p>	
 <p>ČAKOVICE Náměstí Jiřího Berana 940 196 00 Praha 9-Čakovice</p>		 <p>CHÝNĚ VIDA Pražská 1111 253 03 Chýně-Hostivice</p>	
 <p>DĚKANKA Děkanská vinice I 987/5 140 00 Praha 4-Nusle</p>		 <p>JEDENÁCTKA Mírového hnutí 2385/3 149 00 Praha 11-Chodov</p>	
 <p>EAGLES Pálkařská 225 140 00 Praha 4-Krč</p>		 <p>JULISKA Pod Juliskou 1805/4 160 00 Praha 6-Dejvice</p>	
 <p>EXE SPORT ARENA Gončarenkova 29 147 00 Praha 4-Braník</p>		 <p>KBELY Toužimská 732 199 00 Praha 19-Kbely</p>	
 <p>FTVS José Martího 31 162 52 Praha 6</p>		 <p>KOBYLISY U školské zahrady 430/9 182 00 Praha 8</p>	
 <p>GLOWACKÉHO Glowackého 555/6 181 00 Praha 8</p>		 <p>KOTLÁŘKA-DEJVICE Na Kotlářce 1 160 00 Praha 6-Dejvice</p>	
 <p>HAMR BRANÍK Vltavanů 1542 147 00 Praha 4-Hodkovičky</p>		 <p>KUNRATICE Předškolní 420/5 148 00 Praha 4-Kunratice</p>	





	LETŇANY Beranových 667 199 00 Praha 9-Letňany			SLAVIA Vladivostocká 1460/10 100 05 Praha 10-Vršovice	
	LOKO VRŠOVICE Sportovní 1380 101 00 Praha 10-Vršovice			STRAŠNICE Na Rozjezdu 100 00 Praha 10-Strašnice	
	LUŽINY Bellušova 1877/68 155 00 Praha 13-Stodůlky			STŘEŠOVICE Sibeliova 368/51 162 00 Praha 6-Střešovice	
	MAZURSKÁ Svidnická 1a/599 181 00 Praha 8			ŠEBEROV K Hrnčířským loukám 1049/1 149 00 Praha-Šeberov	
	NEHVIZDY Bedřicha Mouchy 1001 250 81 Nehvizdy			ŠTĚRBOHOLY U školy 430 102 00 Praha 10-Štěrboholy	
	OÁZA Jeremenkova 1835 140 00 Praha 4-Krč			TEMPO Zelenkova 3 142 00 Praha 12-Kamýk	
	PLECHOVKA Kalašova 196 10700 Praha-Dubeč			TENIS LUŽINY Zázvorkova 1480/11 155 00 Praha 13-Stodůlky	
	PODVINNÝ MLÝN Kovanecká 2405/27 190 00 Praha 9-Libeň			TĚLOCVIČNA JÍVANSKÁ Jívanská 3226/45 193 00 Horní Počernice	
	PRŮHONICE Školní 191 252 43 Průhonice			TŘEBEŠÍN Na Třebešíně 3215/1 130 00 Praha 3-Strašnice	
	RADLICE Kutvirtova 339/5 150 00 Praha 5-Radlice			UNYP ARENA Kovanecká 2405/27 190 00 Praha 9-Libeň	
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				ZLIČÍN Nedašovská 403/37 155 21 Praha 5-Zličín	



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Easy  
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Useful  
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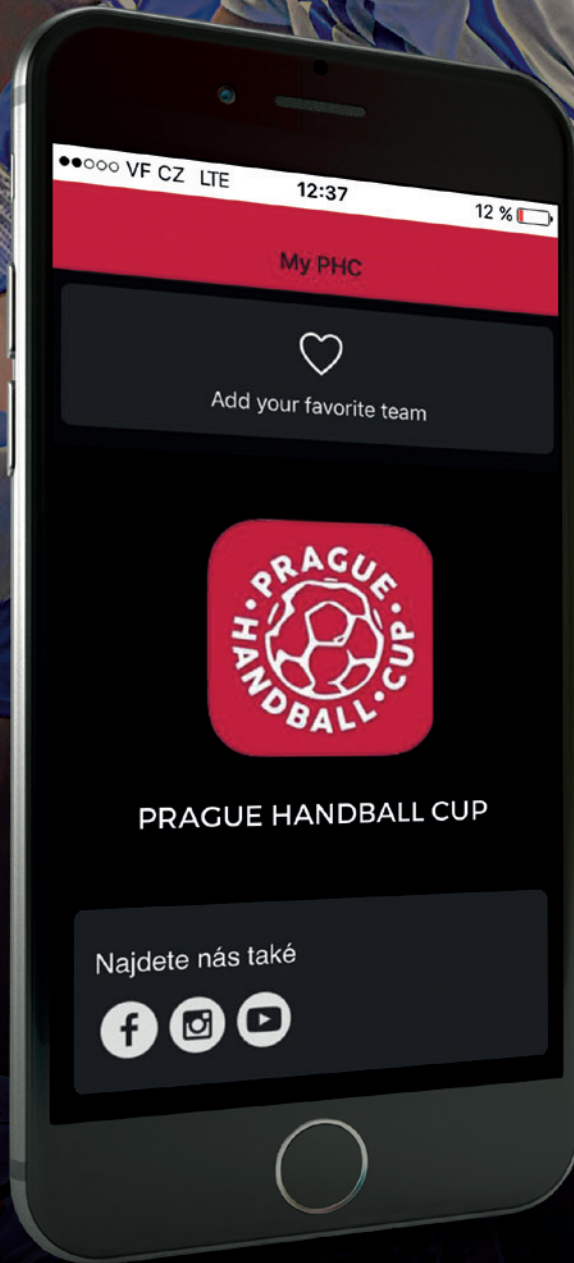
List of halls  
and  
restaurants



Fast  
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results  
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Benefits of  
Activity card



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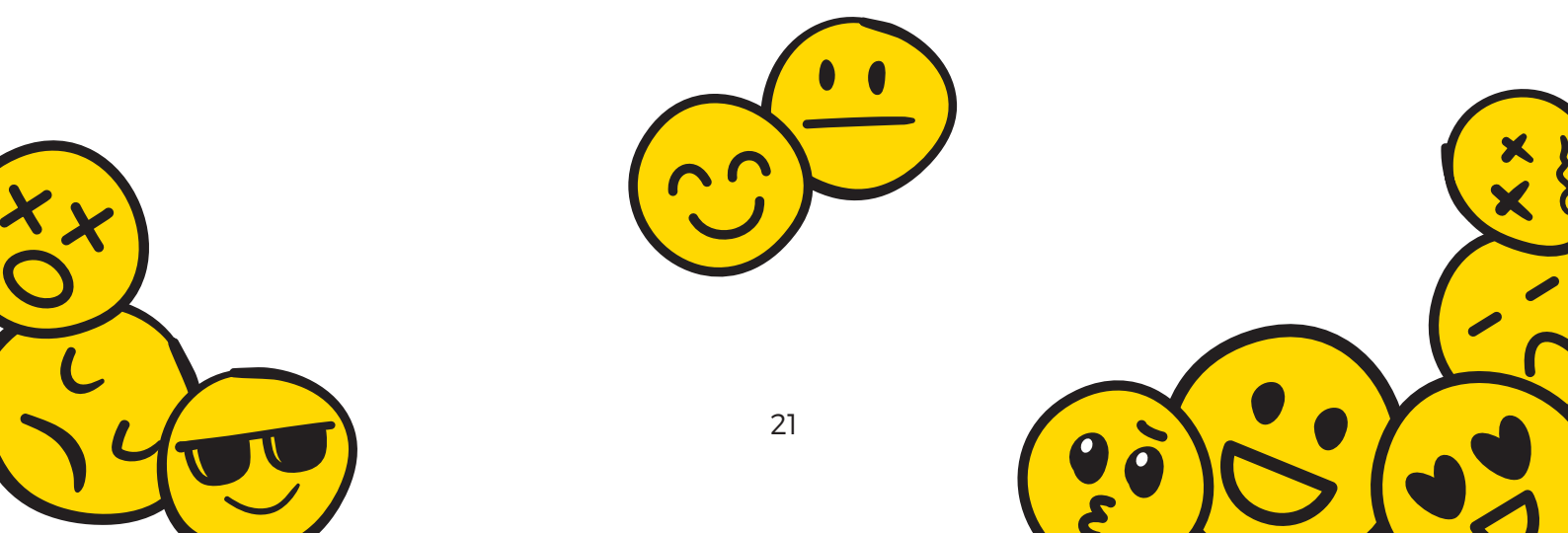
# TOURNAMENT INFORMATION





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## 1. SCHOOLS

The organizer provides accommodation in school classrooms and gyms.

Teams can check in at the schools no earlier than Thursday April 2<sup>nd</sup> from 10 am after prior accreditation at the O2 arena.

The accommodation ends with returning of the accommodation premises on Monday April 6<sup>th</sup> by 10 am at the latest.

Schools are open from 6 am to 10:30 pm during the tournament. On Saturday, the schools close at 12 pm. Entry to schools outside of these hours is not permitted. In the exceptional case of a late return, it is necessary to make previous arrangements with the tournament service at the school.

Entry to the school is only allowed with an Activity card that indicates the relevant school. No other persons are allowed to enter the school.

The tournament service is present at the school at all times to ensure the smooth running of the accommodation and also to help solve any problems of the participants.

### 1.1. School stay rules

Considering the behaviour of some participants in previous years when staying in schools, the organizer would like to point out that following ten common rules will be required see page 23. Each school may add additional guidelines that are specific to that school. The tournament service will inform the team representatives about these guidelines.

If these rules and guidelines are not followed, the organizer reserves the right to exclude the team without refund from accommodation or participation in the tournament.

The organizer points out that the capacity of the showers in the schools is not sufficient for all participants staying there and recommends using the showers in the halls after the matches.

### 1.2. Deposit and damages

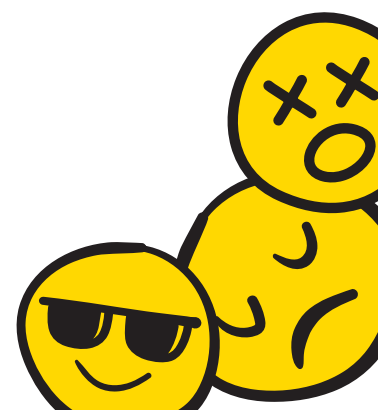
When accrediting a team at the O2 arena, each team has to pay a deposit of CZK 2 000 or EUR 80 for each occupied classroom (or gym). This deposit will cover any damages caused by the team members in the classroom (or school). If the classroom is returned in the condition in which it was received, i.e. clean, without damage, this deposit will be refunded.

In the case that the damage exceeds the amount of the deposit, the organizer will require an additional payment up to the amount of the damage.

Late return of the classroom, i.e. after 10 am on Monday April 6<sup>th</sup>, is a reason for non-refund of the deposit.



@prague\_handball\_cup





## 10 RULES FOR TEAMS STAYING IN SCHOOLS

### 1. No smoking

It is strictly forbidden to smoke (including electronic cigarettes) in all areas of the school. Some schools also have a no smoking policy around the school. Please check with the tournament service to find out in which area is smoking allowed.

### 2. No alcohol

It is prohibited to consume alcohol in all areas of the school and to bring it into the school premises. The tournament service has the right to not allow persons under the influence of alcohol to enter the school premises.

### 3. No ball games

Ball games or any similar games are prohibited in all areas of the school. In some schools, outdoor playgrounds are available. Check with the tournament service.

### 4. Keep tidy

All participants must maintain tidiness in the classrooms and must return them in the condition in which they received them. In the case of contaminating common areas, the tournament service has the right to make the persons responsible for the contamination clean up.

### 5. Protect the facility

Each participant must behave on school premises to avoid causing damage to the school's facilities. The organiser has the right to demand full compensation for any damage. It is also forbidden to manipulate or move the school's inventory in any way.

### 6. Supervision

Participants under the age of 18 cannot be left alone without adult supervision during their stay at the school. This person is fully responsible for their behaviour.

### 7. Respect others

Participants are required to behave at school in a way that does not restrict other participants or residents around the school. Particularly, they must respect the night-time quiet after 10pm in all areas of the school and its surroundings.

### 8. Carry valuables with you

Participants are recommended to carry not only valuable items but also personal documents with them at all times and not to leave them in the classroom when leaving school.

### 9. Lock the classrooms

Classrooms cannot be left unlocked without supervision at any time. Tournament service will lock and open it on request.

### 10. Follow the instructions

The tournament service is authorized to require the rules listed above and to provide additional regulations on request of the school, which participants are obligated to respect also. The organizer reserves the right to exclude a team from the accommodation in case of non-compliance.

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transport



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prague  
city tourism





### 1.3. Student Canteens

Breakfasts and dinners are served in the school canteens according to the ordered stay packages. Each participant receives an Activity card upon arrival which includes the location of the meals and the meal calendar. This card must be presented at each meal in the canteen otherwise the meal will not be issued.

The organizer, in agreement with the schools, has set the official serving times for the meals:

**Breakfast from 6:30 to 9 am**

**Dinner from 6 to 9 pm**

In case the team is not able to keep the serving time due to objective reasons (e.g. change of the game schedule), it is necessary to contact the Hall Supervisor or the tournament service at the school.

All student canteens have the same menu:

**Breakfast will be served in the canteens in form of a buffet:** yoghurt, ham, cheese, jam, muesli, bread, butter, tea, milk.

**Dinner will be served according to the following menu:**

**Thursday April 2<sup>nd</sup>** – pork goulash, pasta, bread, onion, drink

**Friday April 3<sup>rd</sup>** – rabbit with garlic, potato dumpling, spinach, drink

**Saturday April 4<sup>th</sup>** – meatballs, mashed potatoes, cabbage salad, drink

**Sunday April 5<sup>th</sup>** – spaghetti bolognese, drink

It is strictly forbidden to take food out of the canteen area.

## 2. HOTELS

Each team must present a list of participants (full name and birth number/passport number) on arrival at the hotel and arrange the times of breakfasts, possibly of other meals if they have meals provided directly at the hotel.

The participants are obliged to respect the accommodation regulations, particularly to respect the night-time quiet after 10 pm. On the day of arrival, it is possible to check in after 2 pm. On the day of departure, rooms must be vacated by 10 am, the storage of luggage until later hours can be arranged at the reception.

The hotels require a deposit (between 20–30 Euros per person) on arrival, which is refundable after the final proper handover of keys and rooms to the receptionist. Participants are obliged to pay the deposit. The deposit will cover any damages caused by the team members.

Parking at hotels is not provided. It is necessary to check directly with the hotel whether parking is available and under what conditions.

The instructions of the receptionists must be respected in hotels.

### 2.1. Restaurants

Breakfasts are usually served in the accommodation. Dinners are served in the hotel restaurant or in a restaurant close to the hotel.





Due to irregularities in match schedule and for a better and faster service during meals, it is necessary to agree in advance with the restaurant staff on the time of the meals. The price of dinner does not include drinks.

### 3. LUNCHES

Lunches at restaurants near individual sports halls are arranged for those participants who have ordered lunches (as a part of full board or separately).

The teams will receive lunch vouchers for restaurants for Friday and Saturday during accreditation. Vouchers for Sunday lunch will be given to teams by the Hall Supervisor on Sunday at the hall where the team is playing. The voucher will be given only to a team member properly marked as a Coach or a Team Leader in the roster. The vouchers always include a team name, restaurant name and address, date and a number of participants. The vouchers must be presented at the restaurant.

Each team must go for lunch together, it is not possible to serve lunch to individuals.

The lunch menu includes a soup and a main course. Drinks are not included in the meal price.

The lunch is served from 11 am to 3 pm. The organizer asks the participants to follow the Hall Supervisor's instructions regarding the schedule of lunches.

### 4. HANDBALL RESTAURANT

Monday lunch is served in the form of a "Handball Restaurant", which will be open at the Unyp Arena Hall on Monday April 6<sup>th</sup> from 10:30 am to 3 pm. The Handball Restaurant is open to participants for whom the organizer provides full board meals and to participants who purchased this lunch separately.

Each of these participants received a special points coupon (25 points) upon arrival. It is up to each person to create their menu.

The organizer points out that it is not possible to issue meals to all participants at the same time, so a time reserve must be considered. The Handball Restaurant's individual range is limited and therefore it cannot be guaranteed that everything on the menu below will be available for the entire duration of the meal.

Consumption of food from the Handball Restaurant is only permitted in the defined area - it is not allowed to bring food into the sports hall.



[www.facebook.com/phc.cz](http://www.facebook.com/phc.cz)



[www.phc.cz/youtube](http://www.phc.cz/youtube)





**Handball restaurant menu:**

- spaghetti with chicken meat and vegetables ..... 9 points
- chicken strips in sesame crust with Coleslaw salad ..... 8 points
- grilled chicken or pork steak ..... 8 points
- grilled chopped steak ..... 8 points
- hamburger with pulled meat ..... 8 points



- pasta with meatballs in tomato sauce .... 8 points
- french fries ..... 8 points
- grilled sausage ..... 6 points
- hot-dog ..... 5 points
- sweet corn ..... 5 points
- dessert ..... 4-5 points
- drink ..... 3 points



**5. TRANSPORT**

Due to the high number of participants and relatively long distances between the accommodation facilities, dining facilities and sport halls, it is not possible to arrange a central tournament transport. Only to some of the more distant halls is a shuttle service provided by the organiser (see shuttle bus timetable on page 30-35).

The participants may use their own cars and buses as well as the public transport.

The organizer recommends to take sufficient time for transport, both because of the traffic density, especially in the centre of Prague, and because of the regular easter metro exclusion.

Parking in the city center is very difficult. In case of a violation of parking rules the vehicle may be towed away, or Municipal Police may clamp the car preventing the participant to drive away. Buses are not allowed to enter the historical centre. Parking of buses in Prague is allowed only at parking areas approved by the city council or in private parking lots.

The organiser points out that it is not possible to drive all the way to the UNYP Arena final hall by bus.

**5.1. Public transport**

Based on the contract between the organizer and the Prague City transport Company, the Activity card serves as a five-day ticket (i.e. from April 2<sup>nd</sup> to April 6<sup>th</sup>) for public transport.





The ticket/Activity card allows the holder to travel by metro (service starts at 5 am and ends at 12 pm), buses and trams. However, it cannot be used for suburban buses (routes 300 and above), trains (PID) and ferry.

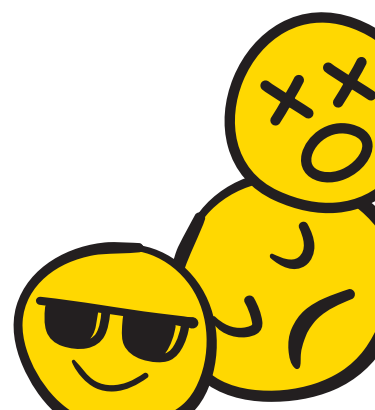
The ticket/Activity card is valid only if the back of the card is filled in properly and completely. the Activity card together with the identity card must be presented to the public transport inspector in case of an inspection. the team leader must always carry a list of all members of his/her team, which can also be checked.

**Notice of exclusions:**

- exclusion on metro line C between Chodov and Pražského povstání stations (replacement bus service provided)
- Flora station on metro line A is temporarily closed
- the funicular to Petřín is out of service



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hlavního města Prahy**



# PRAGUE HANDBALL CUP

Special offers for tournament participants

**Enjoy any Frappuccino® beverage**

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**OR**

**Enjoy a 20% discount on Peach / Lemon Iced**

**Tea menu with any sandwich from our offer**



Offer is valid from 1st April to 7th April 2026  
at all Starbucks stores in Prague except Reserve™ Store  
with valid Activity Card.

**STARBUCKS®**



# SHUTTLE SERVICE - BUS LINE PHC 1



B - Zličín → Břve → Chýně, Pod Horou → Chýně, ZŠ → Břve → B - Zličín



**Zličín** Location of the shuttle bus stop (Prague Handball Cup)  
valid from April 3 to April 4, 2026

**PHC1 → Břve; Chýně**

- Zličín **B**
- Sportovní hala Břve
- Chýně, Pod Horou (ZŠ VIDA)
- Chýně, ZŠ
- Sportovní hala Břve
- Zličín **B**

**Explanatory notes:**

- 5** Bus stop, stand 5
- Subway entrance
- Elevator

234 704 560  
www.pid.cz

pid prague Integrated transport

**trasa linky PHC1** 3. – 4. dubna 2026  
Prague Handball Cup 2026

Zličín **B** – Břve – Chýně – Břve – Zličín **B** **PHC1**

**PHC1**

Použitá data:  
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Linka je určena pro účastníky akce Prague Handball Cup 2026.

234 704 560  
www.pid.cz

pid přírodní integrovaná doprava

Prague Handball Cup 2026





## SHUTTLE SERVICE - BUS LINE PHC 1

The timetable is valid for Friday April 3<sup>rd</sup> and Saturday April 4<sup>th</sup>.

ZLIČÍN → HOSTIVICE, BŘVE  
SPORT. HALA → CHÝNĚ,  
POD HOROU → CHÝNĚ, ZŠ → HOSTIVICE, BŘVE  
SPORT. HALA → ZLIČÍN

07:50	08:00	08:04	08:07	08:15
08:20	08:30	08:34	08:37	08:45
08:50	09:00	09:04	09:07	09:15
09:20	09:30	09:34	09:37	09:45
09:50	10:00	10:04	10:07	10:15
10:20	10:30	10:34	10:37	10:45
10:50	11:00	11:04	11:07	11:15
11:20	11:30	11:34	11:37	11:45
11:50	12:00	12:04	12:07	12:15
12:20	12:30	12:34	12:37	12:45
12:50	13:00	13:04	13:07	13:15
13:20	13:30	13:34	13:37	13:45
13:50	14:00	14:04	14:07	14:15
14:20	14:30	14:34	14:37	14:45
14:50	15:00	15:04	15:07	15:15
15:20	15:30	15:34	15:37	15:45
15:50	16:00	16:04	16:07	16:15
16:20	16:30	16:34	16:37	16:45
16:50	17:00	17:04	17:07	17:15
17:20	17:30	17:34	17:37	17:45
17:50	18:00	18:04	18:07	18:15
18:20	18:30	18:34	18:37	18:45
18:50	19:00	19:04	19:07	19:15
19:20	19:30	19:34	19:37	19:45
19:50	20:00	20:04	20:07	20:15
20:20	20:30	20:34	20:37	20:45

# ropid



# SHUTTLE SERVICE - BUS LINE PHC 2

**M** C - Opatov → Šeberov → Průhonice → Šeberov → C - Opatov **M**



**pid** **Opatov** Location of the shuttle bus stop (Prague Handball Cup)  
valid from April 3 to April 4, 2026

**PHC2 → Šeberov; Průhonice**

- Opatov
- Škola Šeberov
- Průhonice
- Škola Šeberov
- Opatov

**Explanatory notes:**

- A Bus stop, stand A
- E2 Subway entrance, exit E2
- Barrier-free access (ramp)
- Elevator, staircase, escalator

234 704 560  
www.pid.cz

**pid** pražská integrovaná doprava

**pid** **trasa linky PHC2** 3. – 4. dubna 2026  
Prague Handball Cup 2026

**Opatov** – Škola Šeberov – Průhonice – Škola Šeberov – **Opatov** **PHC2**

Použitá data:  
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Linka je určena pro účastníky akce Prague Handball Cup 2026.

234 704 560  
www.pid.cz

**pid** pražská integrovaná doprava



## SHUTTLE SERVICE - BUS LINE PHC 2

The timetable is valid for Friday April 3<sup>rd</sup> and Saturday April 4<sup>th</sup>.

OPATOV → ŠEBEROV → PRŮHONICE → ŠEBEROV → OPATOV

7:15	7:20	7:27	7:34
7:45	7:50	7:57	8:04
8:15	8:20	8:27	8:34
8:45	8:50	8:57	9:04
9:15	9:20	9:27	9:34
9:45	9:50	9:57	10:04
10:15	10:20	10:27	10:34
10:45	10:50	10:57	11:04
11:15	11:20	11:27	11:34
11:45	11:50	11:57	12:04
12:15	12:20	12:27	12:34
12:45	12:50	12:57	13:04
13:15	13:20	13:27	13:34
13:45	13:50	13:57	14:04
14:15	14:20	14:27	14:34
14:45	14:50	14:57	15:04
15:15	15:20	15:27	15:34
15:45	15:50	15:57	16:04
16:15	16:20	16:27	16:34
16:45	16:50	16:57	17:04
17:15	17:20	17:27	17:34
17:45	17:50	17:57	18:04
18:15	18:20	18:27	18:34
18:45	18:50	18:57	19:04
19:15	19:20	19:27	19:34
19:45	19:50	19:57	20:04
20:15	20:20	20:27	20:34
20:45	20:50	20:57	21:04



ONE GAME  
THOUSAND  
EMOTIONS





# SHUTTLE SERVICE - BUS LINE PHC 3



B - Černý most → Nehvizdy ZŠ → B - Černý most



**pid** Černý most Location of the shuttle bus stop (Prague Handball Cup)  
valid from April 3 to April 4, 2026

**PHC3 → Nehvizdy**  
 Černý most → Nehvizdy, Škola → Černý most

**Explanatory notes:**  
 14 Bus stop, stand 14  
 E1 Subway entrance, exit E1  
 Elevator, staircase, escalator

234 704 560  
www.pid.cz

pid pražská integrovaná doprava

**pid** trasa linky PHC3 3. – 4. dubna 2026  
Prague Handball Cup 2026

Černý most → B – Nehvizdy, Škola – Černý most → B PHC3

**PHC3**

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234 704 560  
www.pid.cz

pid pražská integrovaná doprava  
Prague Handball Cup 2026





# SHUTTLE SERVICE - BUS LINE PHC 3

The timetable is valid for Friday April 3<sup>rd</sup> and Saturday April 4<sup>th</sup> (\* not going 4. 4.).

ČERNÝ MOST → NEHVIZDY ŠKOLA				NEHVIZDY ŠKOLA → ČERNÝ MOST			
7:30	11:00	14:30	18:00 *	7:50	11:20	14:50	18:20 *
8:00	11:30	15:00	18:30 *	8:20	11:50	15:20	18:50 *
8:30	12:00	15:30	19:00 *	8:50	12:20	15:50	19:20 *
9:00	12:30	16:00	19:30 *	9:20	12:50	16:20	19:50 *
9:30	13:00	16:30	20:00 *	9:50	13:20	16:50	20:20 *
10:00	13:30	17:00		10:20	13:50	17:20	
10:30	14:00	17:30 *		10:50	14:20	17:50 *	





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e-mail: info@galerieharfa.cz

[www.galerieharfa.cz](http://www.galerieharfa.cz)



## 6. TOURNAMENT CENTER

The Tournament center is located in several rooms in the Galerie Harfa and it is a meeting place for all tournament participants. Access to it is only possible with an Activity card.

### Opening hours of the Tournament center:

- Thursday April 2<sup>nd</sup> from 9 am to 9 pm
- Friday April 3<sup>th</sup> from 10 am to 8 pm
- Saturday April 4<sup>th</sup> from 10 am to 6 pm
- Sunday April 5<sup>th</sup> from 10 am to 8 pm

The Tournament centre includes:

- Leaders zone, part of which is not only the Office (2. floor), but also the Leader's café (on the roof)
- Players zone (on the roof), part of which is game point, relax point, wheel of fortune, commemorative pillars, a tournament T-shirt stand, a Molten products stand

### 6.1. Leaders zone

#### Office

Tournament participants can contact the tournament Office in person for information regarding the start of the teams in the tournament or the teams' stay in Prague. On Monday, the Tournament office will move to the final hall Unyp Arena.

#### Opening hours:

- Wednesday April 1<sup>st</sup> from 3 pm to 7 pm (galerie Harfa - on the roof)
- Thursday April 2<sup>nd</sup> from 9 am to 9 pm (O2 arena)
- Friday April 3<sup>rd</sup> - Sunday April 5<sup>th</sup> from 8 am to 9 pm (galerie Harfa)
- Monday April 6<sup>th</sup> from 8 am to 5 pm (UNYP arena)

#### Phone contacts:

- +420 739 754 007 - tournament office
- +420 731 702 123 - general information
- +420 777 306 041 - hotel accommodation

#### Leader's café

Team leaders can enjoy quality coffee for free from tournament partner Starbucks in the Leader's café.

### 6.2. Players zone

#### Game point

Participants can come to the game area of the Tournament centre called Game point to play various games and competitions (e.g. virtual reality, AI photobooth, sports simulators and attractions, etc.).

#### Relax point

In the area called Relax point, participants can come and relax while listening to music or viewing photos and videos from the tournament.



# TOURNAMENT T-SHIRTS



available  
in sizes XS-XXXL

**CZK 350 / 14 EUR**

**ONLY IN THE  
TOURNAMENT CENTRE –  
GALERIE HARFA**

In case of availability on Monday April 6<sup>th</sup>  
at the UNYP Arena Hall.

Don't hesitate and buy your original  
souvenir, numbers are limited!



## Wheel of fortune

In the wheel of fortune, participants can win various prizes from tournament partners. They can get a voucher for the wheel of fortune by participating in one of the challenges

## Commemorative pillars

Participants can also take part in the creation of memories of this year's edition on commemorative pillars.

## Stand with tournament T-shirts

At the tournament T-shirt stand, participants can buy a T-shirt with this year's logo and pick up their orders there.

## Molten stand

At the stand of our partner Molten, participants can buy products not only from Molten, but also from Rehband and Errea.

## 7. PARTY

A meeting of the tournament participants with an accompanying programme will take place on Saturday April 4<sup>th</sup> from 7 pm to 10:30 pm at the Exhibition Centre in Holešovice. Entry to this event will be allowed only upon presentation of an Activity card.

The Saturday party has two separate programmes:

- Players party (pavilion C)
- VIP party (pavilion B)

### 7.1. Players party

A Players party will be held in Křížík pavilion C, mainly for young tournament participants. In addition to the disco, participants can enjoy a variety of fun activities such as face painting, temporary tattoos, a hair salon, caricature artists and a video corner. Participants can get refreshments at the tournament partner Bageterie Boulevard's booth (in limited quantities) at special tournament prices. The disco will be enriched by a special musical performance.

### 7.2. VIP party

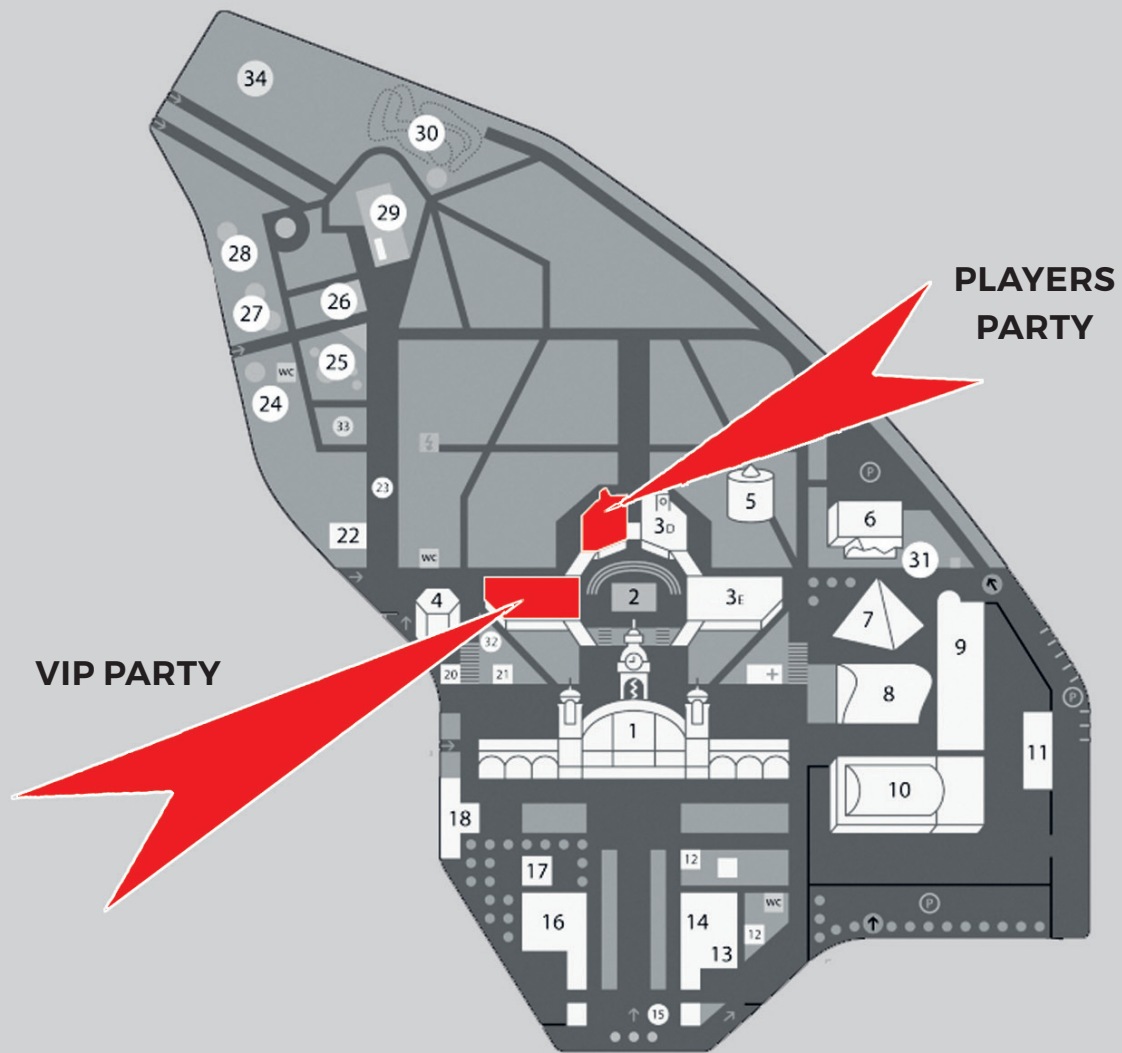
A VIP party will be held in Křížík pavilion B exclusively for adult non-playing tournament participants. There will be a buffet including cold starters, hot dishes, desserts and alcoholic and non-alcoholic beverages. A completed Activity card and a pre-purchased ticket (can be purchased at accreditation or at the Office by Friday April 3<sup>th</sup>) is required for entry. Only coaches, team leaders, referees and other adult tournament participants are allowed to attend the VIP party. Alcoholic beverages will only be served to persons over the age of 18.



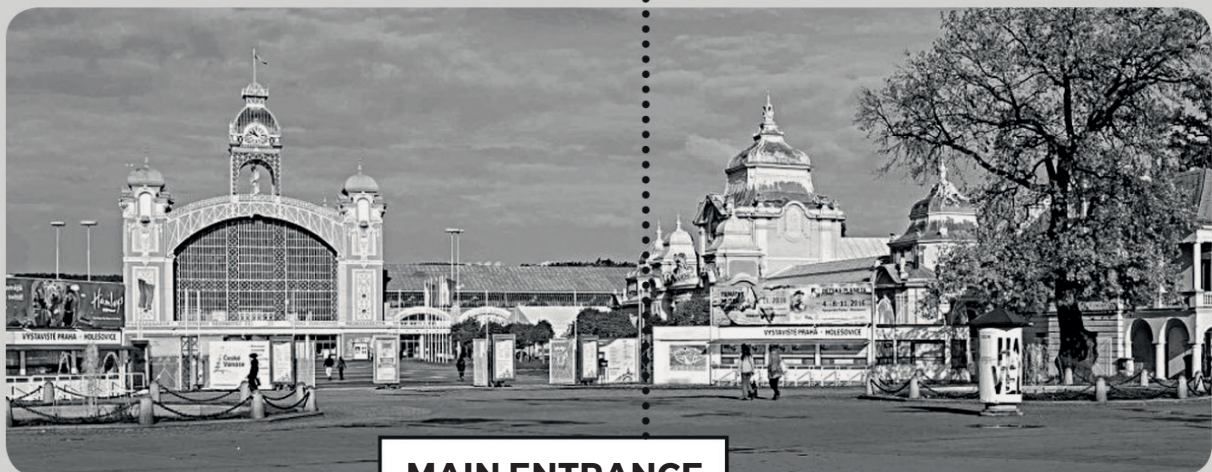
ONE GAME  
THOUSAND  
EMOTIONS



# EXHIBITION CENTRE MAP



Areál Výstaviště, Praha 7-Bubeneč



**MAIN ENTRANCE**



## 8. FINAL DAY

The final day of the tournament will take place on Monday April 6<sup>th</sup> at the hall UNYP arena. The programme includes eight final Play-off A matches, two medal ceremonies and an accompanying programme. Before the final matches, the names of all participating players will be read and the national anthems of the finalists will be played.

Handball Restaurant and stands of our tournament partners Molten and Fruitissimo will be located around the hall. The organizer points out that buses cannot be parked in the surroundings of the final hall, and parking for cars is also very limited.

The final day programme will also be streamed online at <https://www.phc.cz/finals-video>.

## 9. MEDIA TEAM

As every year, the organizer has assembled a media team, thanks to which the participants can see more about what is happening at other places of the tournament – not only through photos from the photography team, but also through videos from the video team.

Reports and other interesting videos will be posted on the tournament youtube channel: “<https://www.youtube.com/channel/UCOH3epju1obiUDIFV1bp15g>” Prague Handball Cup – YouTube.

Photos, videos and other information can be followed on the tournament social networks (Instagram: “[https://www.instagram.com/prague\\_handball\\_cup/](https://www.instagram.com/prague_handball_cup/)” PHC\_Official (@prague\_handball\_cup) · Instagram photos and videos and facebook: “<https://www.facebook.com/phc.cz/>” Prague Handball Cup | Facebook),

All photos from the tournament will be uploaded to the tournament gallery after the tournament: “<https://eu.zonerama.com/PHCOfficial/719018>” PHC.Official | Zonerama.com.

## 10. ACTIVITY CARD

Each participant received an Activity card, which serves as an important identification card. This card is necessary to participate in the tournament and provides access to various benefits and services during the tournament. Activity card is valid only if it is filled in properly (player's name, club affiliation). The participant must always carry the Activity card with him/her. In case of its loss, it is necessary to contact the Office, where a new Activity card can be purchased at a price corresponding to the stay type E.

### The Activity card entitles the holder to:

- participate in the tournament as a player or an official
- enter the premises of sports halls, especially changing rooms
- enter a selected accommodation and catering facility (school)
- eat at a restaurant or school canteen  
(if board is provided for the participant)
- enter the Tournament centre and to participate in all activities
- enter the Saturday party at the Exhibition Centre in Holešovice
- use partner offers
- free public transport in Prague during the tournament  
(from April 2<sup>nd</sup> to April 6<sup>th</sup>), valid for buses, trams and metro



# Have an **ISIC**

# KEEP YOUR HUNGER AT BAY

and use  
the coupons

# IN OUR APP





## 10.1. Activity card benefits

The partners of the Prague Handball Cup have prepared interesting partner offers (benefits) for the participants. For all benefits it is necessary to present a valid Activity card.

All benefits are valid only during the tournament, i.e. from April 2<sup>nd</sup> to April 6<sup>th</sup>.

A complete list of partner offers is also available on the tournament website under the Activity card section (<https://www.phc.cz/en/activity-card>).









## 11. PARTNER OFFERS

ENTERTAINMENT	OFFER	QR -WEB PHC
	25% discount on entry	
	50% discount on bowling	
	40% discount on escape game	
	entry for a special price of 150 CZK	
	entry for a special price of 150 CZK	
	special price 109 CZK/person/game	
	50% discount on minigolf	

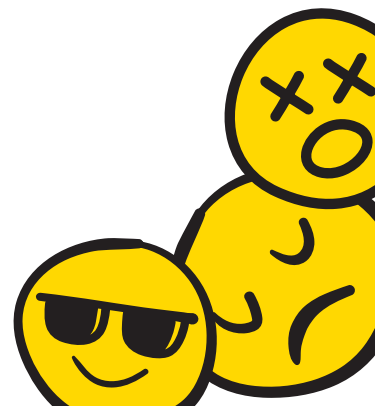
















ENTERTAINMENT	OFFER	QR -WEB PHC
	40% discount on entry	
	35% discount on entry	
	30% discount on games and gastro	

GOODS	OFFER	QR -WEB PHC
	15% discount on orders placed on the e-shop <a href="http://www.complexsupplements.cz">www.complexsupplements.cz</a>	
	30% discount on all caps at the Fanda-NHL.cz store in the Galerie Harfa	
	free gift with purchase over 500 CZK	
	15% discount at the SKECHERS store in the Galerie Harfa	



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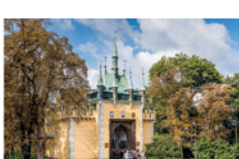

REFRESHMENTS	OFFER	QR -WEB PHC
	15% discount	
	15% discount on drinks third scoop in one cone per half (valid in Galeria Harfa and NC Fénix)	
	10% discount	
	25% discount	
	<ul style="list-style-type: none"> <li>• 20% discount on all types of Frappuccino® (except for current promo offers)</li> <li>• 20% discount on Menu - Peach/Lemon Iced + any sandwich from the menu</li> </ul>	
	15% discount	

Thanks to our partner Prague City Tourism, the participants can visit selected Prague sights for free, which are:

SIGHTS	OFFER	QR -WEB PHC
	LESSER TOWN BRIDGE TOWER free entry	





SIGHTS	OFFER	QR -WEB PHC
	NEW MILL WATER TOWER free entry	
	PETŘÍN LOOKOUT TOWER free entry	
	POWDER GATE TOWER free entry	
	OLD TOWN BRIDGE TOWER free entry	
	SAINT NICHOLAS BELL TOWER free entry	
	OLD TOWN HALL TOWER free entry	
	PETŘÍN MIRROR MAZE free entry	



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[@prague\\_handball\\_cup](https://www.instagram.com/prague_handball_cup)



[www.phc.cz/youtube](http://www.phc.cz/youtube)





**EVERYONE  
WINS  
WITH US**

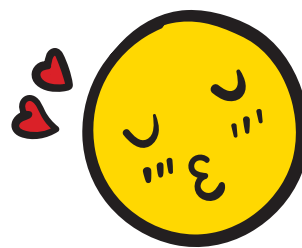


**25%  
DISCOUNT**

Valid in Pizza Hut restaurants until **30. 4. 2026**.  
Discount cannot be combined with any other promotional  
offer and cannot be used on a slice product.

AmRest s.r.o., IČ 264 76 215.

**Pizza Hut**



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PRA	GA
PRA	G



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